



LICE PRODUCT LIST

PRODUCT	ACTIVE INGREDIENT	AREAS OF CONCERN	METHOD OF USE
<p>Nix® Crème rinse</p> <p>Kwellada-P® Crème rinse</p>	<p>1% Permethrin (a synthetic pyrethroid)</p>	<ul style="list-style-type: none"> • Possible emergence of resistant organisms • Mild dermal reactions in approximately 1% • Contraindicated in persons with allergies to chrysanthemums, known allergy to ragweed, pregnant, breastfeeding women and infants 	<p>Nix®</p> <ul style="list-style-type: none"> • Wash hair with conditioner-free shampoo, rinse with water and dry well. • Apply sufficient creme rinse to saturate hair and scalp • Leave on for 10 minutes • Rinse well with cool water over a sink, rather than in a shower or bath, to minimize body exposure • Consider repeat treatment after 7-10 days <p>Kwellada-P®</p> <p>Use on wet shampooed hair See Nix® for further directions</p>
<p>R&C Shampoo®</p> <p>Licetrol®</p> <p>Pronto®</p>	<p>Pyrethrin (naturally occurring)</p>	<p>Not always ovicidal Contraindicated in persons with allergies to chrysanthemums, known allergy to ragweed</p> <ul style="list-style-type: none"> • true allergic reactions are rare 	<p>Apply to dry hair sufficient to soak thoroughly</p> <ul style="list-style-type: none"> • Allow to remain on area for 10 mins • Add small quantities of water, working into the hair until lather forms • Rinse well with cool water over a sink, rather than in a shower or bath, to minimize body exposure • Repeat in 7-10 days

<p>Resultz® Hair rinse</p>	<p>Isopropyl myristate 50% and ST-cyclomethicone 50%</p>	<ul style="list-style-type: none"> • Indicated for treatment in clients 4 years of age and older • Review of the results of clinical trials show that this product looks promising, but the evidence of efficacy is not strong enough to recommend it except in special circumstances. 	<p>Directions for use of Resultz®:</p> <ul style="list-style-type: none"> • Should be applied to dry hair. • Amount of product used depends on hair length • Massage product into the hair –especially sides and nape of neck • Left on for 10 minutes and rinsed with warm water. • Should be reapplied after 7 days.
<p>Natural Alternatives Use natural alternatives with caution as data is lacking and there is no scientific evidence of effectiveness</p>	<ul style="list-style-type: none"> • household products, such as mayonnaise, petroleum jelly, olive oil, tub margarine and thick hair gel • Tea tree oil • Acid shampoos, 5% acetic acid, vinegar (diluted 1:1 with water), conditioners and vegetable oils 	<ul style="list-style-type: none"> • These products show little killing of lice and less effective than topical insecticides. There are no published trials on the safety or efficacy of these home remedies. • safety of use in infants is unknown, efficacy and toxicity data not available • Reportedly makes it easier to detach the eggs from the hair. No nit removal remedies on the market that have been tested under clinical conditions 	<ul style="list-style-type: none"> • Application of a thick coating of such agents to the hair and scalp left on overnight will theoretically occlude lice spiracles and decrease respiration.



HEAD LICE CONTROL CHECKLIST

The hair should be checked every week for head lice using bright or natural lighting. If you find lice or nits, check other family members or contacts daily for 2 weeks but do not treat unless they have lice.

1.	Brush hair thoroughly as brushing does physical damage to the louse.	<input type="checkbox"/>
2.	Before treating, wash hair thoroughly with shampoo free of conditioners and other additives. They may interfere with the lice product.	<input type="checkbox"/>
3.	Read directions on lice product as some products are applied to damp or dry hair.	<input type="checkbox"/>
4.	Shake lice product well.	<input type="checkbox"/>
5.	Thoroughly saturate hair and scalp with sufficient amount of lice product. (as indicated on product insert)	<input type="checkbox"/>
6.	Leave on hair for period of time stated on product. For thicker, longer hair, you may want to double the time and/ or amount of product.	<input type="checkbox"/>
7.	Rinse hair well with water and towel dry.	<input type="checkbox"/>
8.	Part hair into sections to assist with nit removal.	<input type="checkbox"/>
9.	Remove as many nits as possible by pulling them off with your fingers (a nit comb may help). This can take time but it is a very important step. Checking for and removing nits should be done daily for 14 days.	<input type="checkbox"/>
10.	Repeat steps 1- 9 in 7 days.	<input type="checkbox"/>
11.	Call your Public Health Nurse for advice and education as needed.	<input type="checkbox"/>
12.	Contact personal contacts.	<input type="checkbox"/>

Household Cleaning

1.	Soak combs, brushes, hair clips in very hot water for 15 minutes.	<input type="checkbox"/>
2.	Wash personal belongings (especially head gear), recently worn clothing and towels and bed linen in hot water and dry using hot cycle of the dryer.	<input type="checkbox"/>
3.	<u>Dry clean</u> , or <u>seal</u> in a plastic bag for 10 days, or <u>freeze</u> (-20° C for 48-72 hours) items that cannot be exposed to hot water. Items that cannot be washed (stuffed animals, winter coats) can be put into a hot dryer for 20 minutes.	<input type="checkbox"/>
4.	Vacuum or launder area where there has been direct head contact (couch, bed, car seat).	<input type="checkbox"/>