



# Marion School Family Centre

619 Des Meurons St

Winnipeg MB R2H 2R1

204-237-5176 Email: Michelle.Oakes@lrsd.net

A place for families to play, learn and grow together

## April 2023

### Stay & Play:

Bring your child (birth to 6 years) for free play, art exposure, songs, stories, movement and much more. Meet other parents/caregivers in a welcoming and non-judgemental space. Pick up helpful ideas for caring for young children and learn from one another. Healthy snack is provided for children and coffee is always on for the adults!

### Baby & Me:

Meet other parents with little ones (birth to toddlerhood). Enjoy songs, rhymes, games and sensory experiences with your baby. Older siblings are always welcome.

### Breakfast Cart:

Breakfast is available from 8:50 - 9:30 for you and your children.

Please note that we will be CLOSED Tuesday and Thursday afternoons for Stay & Play from April 25—June 1, 2023 for Ready for School



Connect with us ...

Join us on Friends of the Family Centre



### Ready for School

A FREE 6 week play-based program for children registered for Kindergarten in the LRSd for September 2023. Priority will be given to students attending Marion School.

Tuesdays and Thursdays, 1:00– 3:00 PM,  
April 25-June 1, 2023

Expect an interactive and positive introductory experience that will help your child gain confidence in their new role as a student.

Through play your child will explore socialization, the Marion School community and it's classrooms, letters, numbers, scissors, and independence skills.

Space is limited. Please contact Michelle at 204-237-5176 or Michelle.Oakes@lrsd.net

### Activities/Programs this Month

**Family Gym:** Let's move our bodies, play on the ride-on toys and burn some energy!

**Birthday Celebration:** April Birthday's will be celebrated with cake and song. B-day children will take home a book.

**Kids Cook—Worms in Dirt:** Children will prepare snack as an early childhood lesson in nutrition

**Lending Library:** Check out our book bags and books that you can borrow for 2 weeks at a time.

**Outdoor Play:** Games and open play at the back of the school.

**Self – Regulation Strategies:** Come for a discussion about big feelings and how you can help your little one work through them. Parents will make cool down cubes as a calming tool.

**Earth Day Theme:** A morning to celebrate Earth!

**Bird Feeders:** We'll make bird feeders to take home and we'll also hang some on our walk later in the week.

**Lagimodiere—Gaboury Park:** We'll leave from the family centre at 9:45 sharp. Feel free to bring a wagon or stroller for our nature adventure.




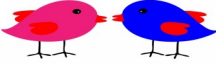


# Marion School Family Centre

619 Des Meurons Street

April 2023

All Programs are FREE

Monday	Tuesday	Wednesday	Thursday	Friday
<p>3</p> <p>Stay &amp; Play 9:30 to 11:15</p>  <p>Stay &amp; Play Drop In 1:00 to 3:00</p>	<p>4</p> <p>Stay &amp; Play 9:30 to 11:15</p> <p>Stay &amp; Play Drop In 1:00 to 3:00</p>	<p>5</p> <p>Stay &amp; Play <i>Family Gym</i> 9:30 to 11:15</p> <p>Baby &amp; Me 1:00 to 3:00</p>	<p>6</p> <p><b>CLOSED for Community Programming</b></p> <p>Stay &amp; Play Drop In 1:00 to 3:00</p>	<p>7</p> <p>CLOSED for GOOD FRIDAY</p>
<p>10</p> <p>Stay &amp; Play Drop In <i>Egg Party</i> 9:30 to 11:15</p> <p>Stay &amp; Play Drop In 1:00 to 3:00</p>	<p>11</p> <p>Stay &amp; Play Outdoor Play—Play structure 9:30 to 11:15</p> <p>Stay &amp; Play Drop In 1:00 to 3:00</p>	<p>12</p> <p>Stay &amp; Play Open 9:30 to 11:15</p> <p>Baby &amp; Me 1:00 to 3:00</p>	<p>13</p> <p><b>CLOSED for Community Programming</b></p> <p>Stay &amp; Play Drop In 1:00 to 3:00</p>	<p>14</p> <p>CLOSED FOR PROFESSIONAL DEVELOPMENT</p>
<p>17</p> <p>Stay &amp; Play Drop In <i>Self- Regulation Strategies for Toddlers</i> 9:30 to 11:15</p>  <p>Stay &amp; Play Drop In 1:00 to 3:00</p>	<p>18</p> <p>Stay &amp; Play Open <i>Family Gym</i> 9:30 to 11:15</p> <p>Stay &amp; Play Drop In 1:00 to 3:00</p>	<p>19</p> <p>Stay &amp; Play Drop In <i>Kids Cook</i> 9:30 to 11:15</p> <p>Baby &amp; Me 1:00 to 3:00</p>	<p>20</p> <p><b>CLOSED for Community Programming</b></p> <p>Stay &amp; Play Drop In 1:00 to 3:00</p>	<p>21</p> <p>Stay &amp; Play Open <i>Earth Day Celebration</i> 9:30 to 11:15</p>  <p>Stay &amp; Play Drop In 1:00 to 3:00</p>
<p>24</p> <p>Stay &amp; Play Drop In <i>Birthday Celebration</i> 9:30 to 11:15</p> <p>Stay &amp; Play Drop In 1:00 to 3:00</p>	<p>25</p> <p>Stay &amp; Play Drop In 9:30 to 11:15</p> <p><b>Ready for School</b> Stay &amp; Play CLOSED <i>Early dismissal</i> 1:00 to 2:20</p>	<p>26</p> <p>Stay &amp; Play Open <i>Bird Feeders</i> 9:30 to 11:15</p>  <p>Baby &amp; Me 1:00 to 3:00</p>	<p>27</p> <p><b>CLOSED for Community Programming</b></p> <p><b>Ready for School</b> Stay &amp; Play CLOSED 1:00 to 3:00</p>	<p>28</p> <p>Stay &amp; Play Drop In <i>Walk at Lagimodiere- Gaboury Park</i> 9:30 to 11:15</p> <p>Stay &amp; Play Drop In 1:00 to 3:00</p>

## Deep Breaths

Here is one strategy for de-escalating high emotions in children or even for yourself. Join us on April 17th to learn about some more techniques to try at home!

Smell the Flower



Blow out the Candle



then