## December 2023

| Mon | Tue $\square$ | Wed | Thu | Fri |
| :---: | :---: | :---: | :---: | :---: |
|  |  |  |  | 1 <br> Family Centre CLOSED for Professional Development |
| 4 <br> Stay \& Play 9-11:15am Family Gym 9-9:30 <br> Stay \& Play 1-3:15pm | 5 <br> Stay \& Play 9-11:15am <br> Stay \& Play 1-3:15pm <br> Story in the library 2:20 | 6 <br> Stay \& Play 9-11:15am <br> Family Gym 9-9:30 <br> Stay \& Play 1-3:15pm | 7 <br> Wiggle Giggle \& Munch Drop In Program 9-11am Stay \& Play 1-3:15pm | 8 <br> Stay \& Play 9-11:15am <br> Family Centre CLOSED in the afternoon |
| 11 <br> Stay \& Play 9-11:15am Visit from Public Health Nurse <br> Stay \& Play 1-3:15pm | 12 <br> Stay \& Play 9-11:15am <br> Stay \& Play 1-3:15pm | 13 <br> Community ProgrammingFamily Centre CLOSED <br> Stay \& Play 1-3:15pm <br> Story in the Library 2:20 | 14 <br> Stay \& Play 9-11:15am Family Gym 9-9:30 Stay \& play 1-3:15pm | 15 <br> PANCAKE BREAKFAST/ Stay \& Play 9-11:15am Family Centre CLOSED in the afternoon |
| 18 <br> Stay \& Play 9-11:15am <br> Stay \& Play 1-3:15pm | 19 <br> Stay \& Play 9-11:15am Parent \& Child Winter Card Making <br> Stay \& Play 1-3:15pm Parent \& Child Winter Card Making | 20 <br> Stay \& Play 9-11:15am Pajama Day <br> Stay \& Play 1-3:15pm <br> Pajama Day | 21 <br> Stay \& Play 9-11:15am Kids Baking <br> Stay \& Play 1-3:15pm Kids Baking | 22 <br> Family Centre CLOSED <br> Have a wonderful Winter <br> Break! See you in January! |
|  | 26 <br> CLOSED for Winter Break | 27 <br> CLOSED for Winter Break | 28 <br> CLOSED for Winter Break | 29 CLOSED for Winter Break |

## St. George Family Centre December Newsletter

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## About Us

Welcome to St George Family Centre. We are located in Room 12 in St George School. We offer parent and child programming throughout the school year. You can bring your child (birth to 5 years old) for free play, art activities, songs $\&$ stories, movement activities and much more! We offer a welcoming space to meet other parents and caregivers. A healthy snack is also provided. All programming is free.

## Little Learners Preschool Program

Is your child starting Kindergarten next year? We will offering a play-based ready for school program, which focuses on skills to help prepare children who are entering Kindergarten.
This program is for children who were born in 2019, and will be starting Kindergarten at St George School, in September 2024. Little Learners is a free registered program that will start in April 2024 and will run until the beginning of June, for two half days per week. For more information, please contact the Family Centre.

## Upcoming Events

Visit from the Public Health Nurse - December 11 between 9-10:30am. Charlene will be here to offer support \& answer any questions you may have about your child or child development.

Wiggle Giggle \& Munch morning - Thursday, Dec 7. Come out \& join us for a FUN morning! Wiggle Giggle \& munch is a physical activity \& nutrition program for preschoolers (age l-4 years) and their parents.
Pancake Breakfast - join us for a pancake breakfast on Friday, Dec 15 from 9-11:15am!

Parent \& Child Winter Card Making - Tuesday, Dec 19 (morning \& afternoon session). Come out and make a winter card with your child, to gift to a friend or family member, or keep for yourself! We will have a variety of materials available to create your cards.

Pajama Day - we will be having a pajama day , all day, too celebrate winter vacation on Wednesday, Dec 20.
Kids Baking - join us on Thursday, Dec 21 (morning $\&$ afternoon session) when we will be making gingerbread cookies with kids.


