

January 2024

Mon	Tue	Wed	Thu	Fri
1 CLOSED for Winter Break	2 CLOSED for Winter Break	3 CLOSED for Winter Break	4 CLOSED for Winter Break	5 CLOSED for Winter Break
8 Stay & Play 9-11:15am Stay & Play 1-3:15pm	9 Stay & Play 9-11:15am <i>Science Activity</i> Stay & Play 1-3:15pm <i>Visit from Public Health Nurse</i>	10 Stay & Play 9-11:15am Stay & Play 1-3:15pm	11 Community Programming - 51 Morrow Ave 9:30-10:30am Stay & Play 1-3:15pm	12 Stay & Play 9-11:15am Family Centre CLOSED in the afternoon
15 Stay & Play 9-11:15am <i>Family Gym 9-9:30</i> Stay & Play 1-3:15pm	16 Stay & Play 9-11:15am <i>Science Activity</i> Stay & Play 1-3:15pm	17 Wiggle Giggle & Munch Drop In Program 9-11am Stay & Play 1-3:15pm	18 Stay & Play 9-11:15am Stay & Play 1-3:15pm <i>Visit from Public Health Nurse</i>	19 Stay & Play 9-11:15am Family Centre CLOSED in the afternoon
22 Stay & Play 9-11:15am <i>Visit from Public Health Nurse</i> Stay & Play 1-3:15pm <i>Story in the library</i>	23 Community Programming - Family Centre CLOSED Stay & Play 1-2:15pm <i>(Early Dismissal)</i>	24 Stay & Play 9-11:15am <i>Science Activity</i> Stay & Play 1-3:15pm	25 Stay & Play 9-11:15am Stay & Play 1-3:15pm	26 Stay & Play 9-11:15am Family Centre CLOSED in the afternoon
29 Stay & Play 9-11:15am <i>Visit from Public Health Nurse</i> Stay & Play 1-3:15pm	30 Stay & Play 9-11:15am <i>Science Activity</i> Stay & Play 1-3:15pm <i>Story in the Library</i>	31 Stay & Play 9-11:15am Stay & Play 1-3:15pm		



St. George
S C H O O L

St. George Family Centre January Newsletter

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About Us

Welcome to St George Family Centre. We are located in Room 12 in St George School. We offer parent and child programming throughout the school year. You can bring your child (birth to 5 years old) for free play, art activities, songs & stories, movement activities and much more! We offer a welcoming space to meet other parents and caregivers. A healthy snack is also provided. All programming is free.



Upcoming Events

Outdoor Community Programming - Thursday, Jan 11. Come and join us at the Barbara Mitchell Family Resource Center (51 Morrow Ave) for Tim Horton's coffee and snacks, along with outdoor winter activities for the children. We will be set up outside between 9:30-10:30am.

Wiggle Giggle & Munch morning - Wednesday, Jan 17. Come out & join us for a FUN morning! Wiggle Giggle & munch is a physical activity & nutrition program for preschoolers (age 1-4 years) and their parents.

Public Health Nurse Visits- Charlene will be here to offer support and answer any questions you may have. Please check the calendar for times. Topics this month include:

Jan 9 - Separation anxiety

Jan16 - Feeding infants & toddlers

Jan22 - Developmental concerns

Jan29 - General questions and concerns

Science Activities - come join us for a science activity during our morning stay & play once a week. Please check the calendar for dates.



Lending Library

Our Lending Library has grown!

We have a great selection of children's books and preschool games that families can borrow for up to 2 weeks.

Little Learners Preschool Program

Is your child starting Kindergarten next year? We will be offering a play-based ready for school program, which focuses on skills to help prepare children who are entering Kindergarten.

This program is for children who were born in 2019, and will be starting Kindergarten at St George School, in September 2024. Little Learners is a free registered program that will start in April 2024 and will run until the beginning of June, for two half days per week.

For more information, please contact the Family Centre.