November 2023

Mon	Tue	Wed	Thu	Fri
		Stay & Play 9-11:15am Visit from Public Health Nurse Stay & Play 1-3:15pm Story in the library 2:20	2 Stay & Play 9-11:15am Family Gym 9-9:30 Family Centre CLOSED in the afternoon	3 Family Centre CLOSED PD Day
6 Stay & Play 9-11:15am Cooking with Safia— Naan Bread Stay & Play 1-3:15pm.	7 Stay & Play 9-11:15am Visit from Public Health Nurse Stay & Play 1-3:15pm	8 Community Programming - Family Centre CLOSED Stay & Play 1-3:15pm	9 Stay & Play 9-11:15am Stay & Play 1-3:15pm Story in the library 2:20	10 Stay & Play 9-11:15am Family Gym 9-9:30 Family Centre CLOSED in the afternoon
13 Stay & Play 9-11:15am Stay & Play 1-3:15pm	14 Stay & Play 9-11:15am Visit from Public Health Nurse Stay & Play 1-3:15pm	15 Stay & Play 9-11:15am Outdoor Play 10-45-11:15 Stay & Play 1-3:15pm	16 Wiggle Giggle & Munch Drop In program 9-11am Stay & Play 1-3:15pm	17 Stay & Play 9-11:15am Family Centre CLOSED in the afternoon
20 Family Centre CLOSED for Professional Development	21 Family Centre CLOSED for Professional Development	22 Stay & Play 9-11:15am Visit from Public Health Nurse Stay & Play 1-3:15pm	23 Stay & Play 9-11:15am Family Centre CLOSED in the afternoon	Family Centre CLOSED PD Day
27 Stay & Play 9-11:15am Visit from Public Health Nurse Stay & Play 1-3:15pm Story in the library 2:20	28 Stay & Play 9-11:15am Family Gym 9-9:30 Stay & Play 1-2:15pm (Early Dismissal)	29 Stay & Play 9-11:15am Outdoor Play 10:45-11:15am Stay & Play 1-3:15pm	30 Stay & Play 9-11:15am Hibernation Day/PJ Day Stay & Play 1-3:15pm Hibernation/PJ Day	November 20 is National Child Day!



St. George Family Centre November Newsletter

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About Us

Welcome to St George Family Centre. We are located in Room 12 in St George School. We offer parent and child programming throughout the school year. You can bring your child (birth to 5 years old) for free play, art activities, songs & stories, movement activities and much more! We offer a welcoming space to meet other parents and caregivers. A healthy snack is also provided. All programming is free.

Upcoming Events

Visit from the Public Health Nurse - November 1, 7, 14, 22 and 27 between 9-10:30am. Charlene will be here to offer support & answer any questions you may have about your child or child development.

Cooking with Ms Safia - November 6, during the morning and afternoon stay & play, the kids can join Ms Safia when she makes Naan Bread!

Outdoor Play - We will venture outside to play in the playground at the end of our stay & play sessions (10:45-11:15) on November 15 & 29. Please dress warm for the weather (jacket, snowpants, hat, mitts, boots).

Wiggle Giggle & Munch morning - Thursday, November 16. Come out & join us for a FUN morning! Wiggle Giggle & munch is a physical activity & nutrition program for preschoolers and their parents.

Hibernation Day - Thursday, November 30 (morning & afternoon stay & play). Join us for a sleepy day where we will have a lazy, sleepy day, & learn all about hibernation and the animals that hibernate. Bring your favorite stuffy & wear your pajamas!



Little Learners Preschool Program

Is your child starting Kindergarten next year? We will offering a play-based ready for school program, which focuses on skills to help prepare children who are entering Kindergarten.

This program is for children who were born in 2019, and will be starting Kindergarten at St George School, in September 2024. Little Learners is a free registered program that will start in early 2024 and will run until mid June, for two half days per week.

For more information, please contact the Family Centre.

