



ÉCOLE

ST. GERMAIN

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www.lrsd.net/schools/StGermain/

Bike Bus Information for Parents

We will be starting a bike bus at École St. Germain with help from Bike Winnipeg!

What is a bike bus?

A bike bus takes a group of children to school in the same way a regular school bus does, except everyone is on bikes. The “bus driver” (an adult on a bike) guides a slow-moving group along a predefined route. Kids and their parents join the group on their own bikes when the pack rolls by.

Our Bike Bus will run on the second last Friday of May (May 24th) and the second last Friday of June (June 21st).

Why do a bike bus?

Bike buses are a way for everyone to bike together for fun, convenience, and safety. One of the LRSD Multi-Year Strategic Goals is to expand safe and active transportation to and from school, and this bike bus does just that! It's good for our students' health and independence. [Click here](#) to read more about its benefits.

What can you do to help?

➤ Volunteer to “cork” roads

These volunteers (or Ride Marshalls) “cork” or block intersections as our bike bus goes past. These volunteers will be provided with a high-visibility vest for the ride. These volunteers must be able to do short cycling sprints to catch up to the front of the group after the bike bus has passed and the road is cleared. Informal training and more detailed instructions will be provided. We require at least 6 “corkers”.

➤ Volunteer to “sweep”

This volunteer (or Ride Marshall) is at the back of the bus and ensures no one is left behind. This volunteer will be provided with a high visibility vest for the ride.

If you are interested in helping with either of these positions for both days (May 24th & June 21st), or for just one, please indicate so on the sign-up form below (in section “**Interested in participating**”), or email Mme Jennifer Engbrecht at jennifer.engbrecht@lrsd.net. For interested volunteers, an optional Ride Marshall training will be offered by Bike Winnipeg on Saturday April 13th at 12 PM. Please let Mme Jennifer Engbrecht know if you plan to attend **this training**. This training will help volunteers learn how to “cork” and general bike safety. If you cannot attend the training, but want to volunteer, Mme Jennifer Engbrecht will provide you with informal training in advance.

Where will our bike bus go?

The route will be created after the initial information goes out to families to try and accommodate families who want to participate. We cannot guarantee we will ride past or



near your home. You may need to bike a few blocks to meet up with us on our route. The route may be adjusted in June.

Bike Bus Expectations & Safety

- All students must wear helmets, and adults are strongly encouraged to wear helmets.
- One adult must be present with their child(ren) to participate.
- We will have volunteers, wearing safety vests, who will “cork” the roads and block traffic at intersections.
- We will have a “sweeper” at the back of the bike bus, ensuring no one is left behind.
- The bike bus will go, rain or shine, but in case of extreme weather, the school will send an email notifying the cancellation of the bike bus, or you can look for updates [on Instagram](#).
- Families are welcome to cycle to school alone on other days of the week.
- Click [here](#) for more cycling information from Manitoba Public Insurance.

Interested in participating?

Click [here](#) to complete a form to provide your address (so we can try and accommodate your family when planning our route) and indicate if you would be interested in volunteering as a Ride Marshall.