

# September 2024

**Mon**

**Tue**

**Wed**

**Thu**

**Fri**

9 Closed	10 Closed	11 Welcome Back Breakfast 845-11am Closed PM	12 Stay N Play 845-11am Closed PM	13 Centre Closed for PD training.
16 Stay N Play 845-11am Closed PM	17 Stay N Play 845-11am Closed PM	18 Reading Rainbow 845-11am Baby N Me 1230-245pm	19 Stay N Play 845-11am Closed PM	20 Stay N Play 845-11am Closed PM
23 Closed Inservice	24 Stay N Play 845-11am Closed PM	25 Reading Rainbow 845-11am Baby N Me 1230-245pm	26 Stay N Play 845-11am Closed PM	27 Stay N Play 845-11am Closed PM
30 Closed				

# École Varennes Family Centre September Newsletter

Footwear will be **REQUIRED** in the family centre. They can be slippers, sandals or any comfortable shoe. We will be having fire drills and need to exit the building quickly. It is also safer to have footwear to prevent injury! We thank you for your cooperation.

September programs:

**Stay N Play 845-11am.** Join us for activities, songs, stories and snacks!

**Reading Rainbow 845-11am**-Our literacy program that introduces a letter of the alphabet. Snack also provided.

**Welcome Back Breakfast 845-11am**-we will be serving breakfast with some of our favourite breakfast items!

Laura and I are going to be offering a program called Positive Discipline. **Positive Discipline in Everyday Parenting** (PDEP) was designed to help parents learn how to teach children effectively, while respecting their rights. It's an approach that can guide all interactions with children, not just the challenging ones, to promote healthy child development and strong parent-child relationships. More details will be coming out as we finalize details. It is a 9 week long program with 2 hour sessions each week.

If you need further info or have any questions, please contact Shawna Crane, Family Centre Coordinator at [shawna.crane@lrsd.net](mailto:shawna.crane@lrsd.net) or call 204-253-1375.

Our Family Centre is supported by Louis Riel School Division, and the St. Vital Parent Child Coalition.

