



# the Kitchen

## COOKING DATES

**4:00PM – 6:30PM**

- ✓ **Free to attend!**
- ✓ Join us for a fun, hands-on cooking session.
- ✓ **Bring your own containers** to bring home.
- ✓ **Please arrive at 4:00** in the Community Room at Victor Mager. Then we will walk over to Dakota Collegiate to use their cooking lab.
- ✓ **Childminding available (age 1 – 7).** Older children can cook with parent.
- ✓ **12 spots available.**
- ✓ Program is for families currently enrolled at Victor Mager School or who attend the Family Centre a minimum of once per week.