

# SEMAINE D'ESPRIT

Mars 2026

lundi, 23 mars

## Journée chaussettes dépareillées

Wear mismatched socks to honour World Down Syndrome Day (WDSO).



mardi, 24 mars

## Journée pois, rayures ou carreaux

Wear polka dots, stripes or plaid clothes.



mercredi, 25 mars

## Journée tropical

Wear accessories that remind you of summer or a tropical place.



jeudi, 26 mars

## Journée denim

Wear your jeans or something made of denim.



vendredi, 27 mars

## Journée pyjama ou Crayola

Wear pyjamas or colourful attire inspired by your favourite Crayola colours!

