



# FRONTENAC FAMILY CENTRE

A PLACE FOR FAMILIES TO PLAY, LEARN AND GROW TOGETHER

866 AUTUMNWOOD DRIVE  
WINNIPEG MB R2J 1C1  
204-257-0609 EXT.31272

Email: [marvelous.ehiremen@lrsd.net](mailto:marvelous.ehiremen@lrsd.net)

THE FAMILY CENTRE IS LOCATED INSIDE THE SCHOOL IN ROOM 5.  
WHEN YOU ARRIVE FOR PROGRAM, YOU CAN COME IN THROUGH  
THE FRONT OF THE SCHOOL

## Ready for school program

Do you have a child who will be entering Kindergarten in September 2024? Do you live in the Frontenac school Catchment area? Register for our 6 week Ready for School Program starting May 6th. See Marvelous or Ruth in the Family Centre for more information or email [frontenacschoolfamilycentre@lrsd.net](mailto:frontenacschoolfamilycentre@lrsd.net)



## ACTIVITIES THIS MONTH

**Gym:** Gym several times this month (check calendar for dates and times). Come join us for family gym days with riding toys, slide and much more.

**Moe the mouse:** Every Thursday morning at circle time.

**Family Yoga:** Friday, April 5th. Join us for a fun children's yoga class during our gym time.

**Birthday Day:** Thursday, April 11th, We will be celebrating April birthdays and birthday children will receive a new book.

**Kids Cook:** Monday, April 29. Kids cook provides an opportunity for children to engage in learning about nutrition by preparing a simple recipe.

**Nature Walk:** Friday, April 26.

## PROGRAMS

### Stay and Play

Morning Drop In: Monday, Tuesday, Thursday and Friday 9:00am-11:00am

Afternoon Drop In: Monday, Wednesday, and Thursday 1:00pm-3:00pm

Bring your child (birth to 5 years) for free play, books, art activities, songs, snack, movement activities, and much more!

### Baby Play

Tuesday afternoons: 1:00- 3:00pm

Meet other parents with little ones (birth to 12 months) . Enjoy songs, rhymes, books, snack and other activities with your baby.



### Nature walk!

Come join us on Friday, April 26 for a fun nature walk to the park after snack. Let's explore the outdoors together.



### Make & Take sessions!

Join us on the 18th and 19th to "Make and Take" home a batch of our famous Play-Dough!

See how easy it is to make taste-safe play-dough at home.

Join us on facebook: Frontenac Family Centre



### Parking

When you arrive for programs you can park at the front of the school from 9:00am-3:00pm. Please do not park there outside of that time.

### Family Yoga

On Friday April 5th during our gym time we will be having special guest Kadesha come back for another fun family yoga session.

**\*\*The Calendar is subject to change\*\***

FRONTENAC FAMILY CENTRE CALENDAR



All programs are free, and snacks are provided.

Programming supported by Louis Riel School Division and St. Boniface Parent Child Coalition

Monday	Tuesday	Wednesday	Thursday	Friday
1 Family Centre Closed	2 Family Centre Closed Baby Play drop in 1:00-3:00	3 Roots of Empathy Centre Closed Stay & Play drop in	4 Stay & Play drop in Moe the Mouse Gym (9:45-10:15) Stay & Play drop in	5 Stay & Play drop in Gym (10:30-11:00) Family Yoga Afternoon Closed
8 Stay & Play drop in Gym (2:30-3:00)	9 Stay & Play drop in Gym (9:15-9:45) Baby Play drop in 1:00-3:00	10 Roots of Empathy Centre Closed Stay & Play drop in	11 Stay & Play drop in Moe the Mouse Birthday Day Afternoon Closed	12 Family Centre Closed For PD Day
15 Stay & Play drop in Gym (10:30-11:00) Stay & Play drop in Gym (2:30-3:00)	16 Stay & Play drop in Outdoor Play Baby Play drop in 1:00-3:00	17 Roots of Empathy Centre Closed Stay & Play drop in Gym (1:50-2:15)	18 Stay & Play drop in Moe the Mouse Gym (9:45-10:15) Stay & Play drop in Make and take Playdough	19 Stay & Play drop in Make and take Playdough Afternoon Closed
22 Stay & Play drop in Gym (9:45-10:15) Stay & Play drop in	23 Stay & Play drop in Gym (10:30-11:00) Baby Play drop in 1:00 - 2:15 Early Dismissal	24 Roots of Empathy Centre Closed Stay & Play drop in Gym (2:30-3:00)	25 Stay & Play drop in Moe the Mouse Gym (9:15-9:45) Afternoon Closed for Toy Clean	26 Stay & Play drop in Nature Walk Afternoon Closed
29 Stay & Play drop in Kids cook Stay & Play drop in Kids cook	30 Stay & Play drop in Gym (9:45-10:15) Baby Play drop in 1:00-3:00	1 Roots of Empathy Centre Closed Stay & Play drop in Gym (2:30-3:00)	Please remember to bring indoor shoes to wear in the Family Centre.	