



SEPTEMBER 2023 NEWSLETTER

# FRONTENAC FAMILY CENTRE



A PLACE FOR FAMILIES TO PLAY, LEARN AND GROW TOGETHER

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THE FAMILY CENTRE IS LOCATED INSIDE THE SCHOOL IN ROOM 5.  
WHEN YOU ARRIVE FOR PROGRAM, YOU CAN COME IN THROUGH  
THE FRONT OF THE SCHOOL

## WELCOME

### Family centre is:

A place for caregivers, parents, and their children (newborn to 5 years) to learn, play and grow together. It's a great way to meet and develop relationships with other families in the community.



### ACTIVITIES THIS MONTH

**Gym:** Gym several times this month (check calendar for dates and times). Come join us for family gym days with riding toys, slide and much more.

**Birthday Day:** Thursday, September 21st we will be celebrating September birthdays and birthday children will receive a new book.

**Outdoor Play:** Play behind the school at the end of our stay & play drop in (check calendar for dates).

**Kids Cook:** Friday, September 29. Provides an opportunity for children to engage in learning about nutrition by preparing a simple recipe.

*Please remember to bring indoor shoes to wear in the Family Centre.*



### Outdoor play!

We will be playing in the play structure behind the school. If it's too cold or raining we will cancel it and plan for another day. Please bring outdoor clothing.

## PROGRAMS

### Stay and Play

**Morning Drop In:** Monday, Tuesday, Thursday and Friday 9:00am-11:00am

**Afternoon Drop In:** Monday, Wednesday, and Thursday 1:00pm-3:00pm

Bring your child (birth to 5 years) for free play, books, art activities, songs, snack, movement activities, and much more!

### Baby Play

**Baby play will begin October 10th**  
**Tuesday afternoons: 1:00pm-3:00pm**

Meet other parents with little ones (birth to 12 months). Enjoy songs, rhymes, books, snack and other activities with your baby.

**Join us on facebook:**  
**Frontenac Family Centre**



### Parking

When you arrive for programs you can park at the front of the school from 9:00am-3:00pm. Please do not park there outside of that time.



# Frontenac Family Centre

## September 2023

All programs are free, and snacks are provided.

Programming supported by Louis Riel School Division and St. Boniface Parent Child Coalition

Monday	Tuesday	Wednesday	Thursday	Friday
 <div> <h3>Welcome</h3> <h2>We look forward to seeing you!</h2> </div>				
11 <div>The Family Centre is closed to prepare for families arrival.</div>	12	13 <b>Family Centre Closed</b> Stay & Play drop in 1:00-3:00 <b>Gym (1:50 -2:15)</b>	14 Stay & Play drop in 9:00-11:00 <b>Gym (9:45-10:15)</b> Stay & Play drop in 1:00-3:00	15 Stay & Play drop in 9:00-11:00 <b>Outdoor play</b> <b>Afternoon Closed</b>
18 Stay & Play drop in 9:00-11:00 <b>Gym (9:45-10:15)</b> Stay & Play drop in 1:00-3:00	19 Stay & Play drop in 9:00-11:00 <b>Gym (10:30-11:00)</b> <b>Afternoon Closed</b>	20 Stay & Play drop in 9:00-11:00 <b>Outdoor play</b> Stay & Play drop in 1:00-3:00 <b>Gym (2:30-3:00)</b>	21 Stay & Play drop in 9:00-11:00 <b>Birthday Day</b> Stay & Play drop in 1:00-3:00 <b>Outdoor play</b>	22 Stay & Play drop in 9:00-11:00 <b>Gym (9:45-10:15)</b> <b>Afternoon Closed</b>
25 Stay & Play drop in 9:00-11:00 <b>Outdoor play</b> Stay & Play drop in 1:00-3:00	26 Stay & Play drop in 9:00-11:00 <b>Gym (9:45-10:15)</b> <b>Afternoon Closed</b>	27 Stay & Play drop in 9:00-11:00 <b>Gym (10:30-11:00)</b> Stay & Play drop in 1:00-3:00 <b>Outdoor play</b>	28 Stay & Play drop in 9:00-11:00 <b>Afternoon Closed Toy Clean</b>	29 Stay & Play drop in 9:00-11:00 <b>Kids cook</b> <b>Afternoon Closed</b>