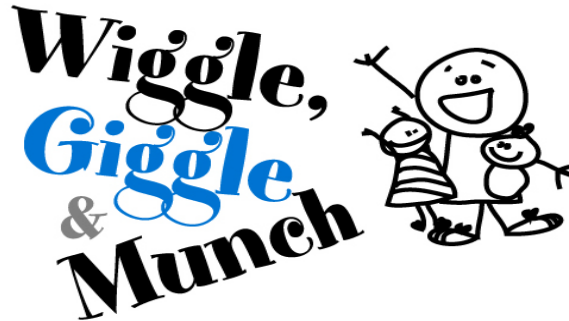




**Mosaic invites all community parents and children ages 1-5
to join us for**



**Wiggle, Giggle and Munch is a fun active family program for
parents and children together. Families enjoy time together
playing games and engaging in physical activities as well as
learning about and eating healthy snacks. Parents with
preschool aged children are welcome to attend.**

**WHEN: Tuesdays, February 3-March 10 from 9:00-11:00
am**

**WHERE: Frontenac School Family Centre at 866
Autumnwood Drive. Please enter through the
Family Centre doors on the left side of the
school.**

This drop-in program is **free.**

To register, please email Kyla at kyla.hayes@lrsd.net.