



October 2024

SUN	MON	TUES	WED	THURS	FRI	SAT
		5-8 Echoes Truth and Love Across the Water Outreach Walk Come gain volunteer hours!	9-4 Ribbon Skirt Workshop ** *SIGN UP REQUIRED*	8:45-4 Sweat Lodge ceremony with Elders Mike and Christine *SIGN UP REQUIRED* *DROP-IN CLOSED*	4-5:30 Drop in Karaoke Pring your friends for songs and snacks!	5
6	4:30-6 Advisory Board Meeting *SIGN UP REQUIRED*	5-8 Echoes Truth and Love Across the Water Outreach Walk Come gain volunteer hours!	12-3 Youth-led wristlet beading workshop **SIGN UP REQUIRED**	5-7:30 Dungeons and Dragons Beginners welcome! *SIGN UP REQUIRED*	3:30-5:30 Board Games Come play cards and other board games!	12
13	CLOSED	5-8 Echoes Truth and Love Across the Water Outreach Walk Come gain volunteer hours!	3:30-5:30 Drop-In Homework Club Come have a quiet space to work on your homework!	5:30-7:30 Paint by Numbers Workshop Drop by during these hours for a painting activity!	9-3 Ribbon Hoodie Workshop © *SIGN UP REQUIRED*	19
20	3-4 Mindfulness Monday Self-Led Journalling Visit the sensory room and do some journalling!	5-8 Echoes Truth and Love Across the Water Outreach Walk Come gain volunteer hours!	Youth-led wristlet beading workshop **SIGN UP REQUIRED**	5-7:30 Dungeons and Dragons Beginners welcome! *SIGN UP REQUIRED*	12-2 Friendship Bracelet Making Drop In and make some bracelets!	26
27	Mindfulness 28 Monday Yoga Come relax and do some mindful movement!	Echoes Truth and Love Across the Water Outreach Walk Come gain volunteer hours!	2-4 30 Crochet workshop Come learn how to make a toque!	5-7:30 Movie Night Description: Choose your own movie!		To sign up for any activities you can phone us at 204-255-6497 or DM us on Instagram!