

# Authorization for Administration of Epinephrine & Anaphylaxis Standard Health Care Plan (SHCP) (To be completed by parent)



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Parent:	Daytime phone(s)						
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Name & Dose	EpiPen® Jr 0.15 mg (green)	Allerject® 0.15 mg (blue)	☐ Emerade™ 0.3 mg				
	EpiPen® 0.3 mg (yellow)	Allerject® 0.3 mg (orange)	☐ Emerade™ 0.5 mg				
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## Manitoba Sanaphylaxis Standard Health Care Plan (SHCP)

The Anaphylaxis SHCP is based on the clinical practice guidelines developed by the Unified Referral and Intake System (URIS) in consultation with Children's Allergy and Asthma Education Centre (CAAEC) at Health Sciences Centre. These clinical practice guidelines are available on the URIS website. Unified Referral and Intake System (URIS) | Manitoba Education and Early Childhood Learning (gov.mb.ca)

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If ANY combination of the following signs is present and there is reason to suspect anaphylaxis:

#### Face

- Red, watering eyes
- Runny nose
- Redness and swelling of face, lips and tongue
- Hives (red, raised & itchy rash)

### **Airway**

- · A sensation of throat tightness
- Hoarseness or other change of voice
- Difficulty swallowing
- Difficulty breathing
- Coughing
- Wheezing
- Drooling

#### Stomach

- Severe vomiting
- Severe diarrhea
- Severe cramps

#### Total body

- Hives
- Feeling a "sense of doom"
- · Change in behavior
- Pale or bluish skin
- Dizziness
- **Fainting**
- Loss of consciousness

### DO THIS:

- Inject the epinephrine auto-injector in the outer middle thigh.
  - a) Secure the child's leg. The child should be sitting or lying down in a position of comfort.
  - b) Identify the injection area on the outer middle thigh.
  - c) Hold the epinephrine auto-injector correctly.
  - d) Remove the safety cap by pulling it straight off.
  - e) Firmly press the tip into the outer middle thigh at a 90º angle until you hear or feel a click. Hold in place to ensure all the medication is injected.
  - f) Discard the used epinephrine auto-injector following the community program's policy for disposal of sharps or give to EMS.personnel.
- 2. Activate 911/EMS.

Activating 911/EMS should be done simultaneously with injecting the epinephrine auto-injector by delegating the task to a responsible person.

- 3. Notify parent/guardian.
- 4. A second dose of epinephrine may be administered within 5-15 minutes after the first dose is given IF symptoms have not improved.
- Stay with child until EMS personnel arrive. Prevent the child from sitting up or standing

quickly as this may cause a dangerous drop in blood pressure.

Antihistamines are NOT used in managing lifethreatening allergies in the school.