

# Esthetics Part 1

## **Introduction to Esthetics**

**Course Code: 9064 (20S)**

This course is intended to introduce students to a career in esthetics. The emphasis is on manicures, communication skills, salon safety, massage techniques and basic service applications.

## **Manicure and Pedicure Treatments**

**Course Code: 9065 (30S)**

This and the following Part 1 courses are intended for students who are considering a career in esthetics. The emphasis is on pedicures, foot and leg massage, treatment pedicures, gel nail polish services and intermediate nail art.

## **Artificial Nails**

**Course Code: 9066 (40S)**

This course's emphasis is on basic nail tip application, overlay and sculptures nails, gel and acrylic nails, resumes and cover letters and nail enhancements.

## **Spa Services**

**Course Code: 9078 (40S)**

This course focuses on reflexology, aromatherapy, massage techniques, body treatments and hot stone therapy. Students will gain experience, confidence and skill from the supervised environment.

# Esthetics: Part 2

## **Basic Skin Care**

**Course Code: 9068 (30S)**

This course introduces basic facial cleansing, massage, electric modalities and the history of skin care. Additional emphasis on client care, safety, sanitation, skin physiology and professionalism.

## **Intermediate Skin Care**

**Course Code: 9069 (30S)**

This course focuses on intermediate skin analysis, skin types, nutrition, health of the skin and dermatology. Additionally, students will learn about cosmetic products and ingredients, plus aromatherapy. Students will have an opportunity to practice their professional communication skills when conducting their client consultation forms.

## **Advanced Skin Care**

**Course Code: 9074 (30S)**

This credit focuses on the diseases and disorders of the skin, advanced facial treatments with machines, chemical peels and medical esthetics. Students will also study male skincare and grooming as well as portfolio building.

## **Hair Removal**

**Course Code: 9076 (30S)**

The emphasis in this course is on chemical and physical depilatories, including waxing and sugaring, tweezing, and lash and brow enhancements.

**Make-up Artistry****Course Code: 9077 (40S)**

This course focuses on make-up application, the law of colour, lash and brow tinting, lash and brow lamination and emerging trends. This course also provides preparation for Skin Care Technology provincial exam.

**Applied Esthetics Course Code: 9075 (40S)**

This course builds on the student's knowledge and experience in performing related practical esthetics skills. Application of related theory, critical thinking and practical applications will take place in a supervised spa salon setting.