

 <p>DIVISION SCOLAIRE LOUIS RIEL SCHOOL DIVISION</p>	<h2 style="text-align: center;">Reducing Exposure to Bloodborne and Other Bodily Fluid Pathogens</h2>
<p>ADMINISTRATIVE PROTOCOL</p>	<p>Supporting Policies JLCC, JLCE-1 and JLCE-2</p>

Universal Precautions

Universal Precautions is an approach to infection control to treat all human blood and certain human bodily fluids as though they were known to be infectious.

Barrier Methods

- Wash hands with soap and water for 30 seconds after contact with blood or body fluids containing blood.
- Cover cuts or scratches with a bandage until they are healed.
- Use disposable absorbent material like paper towels to stop bleeding.
- Wear disposable gloves (that meet infection control standards) when you encounter blood or bloodstained body fluid, especially if you have open cuts or chapped hands.
- Remove gloves following proper procedure to avoid contact with contamination – see below illustrations

Cleaning and Disinfecting

- Immediately clean up blood spills using disposable, absorbent material. Wear disposable gloves.
- After clearing blood spill with absorbent material, place paper towel over top of site of spill and add bleach solution (one-part bleach to 9 parts water (1:9)) to towel to avoid splashing blood to larger area
- Wash with hot soapy water.

Disposal

- Discard bloodstained material in a sealed plastic bag and place in a lined, covered garbage container.
- Put bloodstained clothes in a sealed plastic bag. Send home with instructions to machine wash separately in hot soapy water.
- Wash hands thoroughly afterwards.



Glove removal procedure

To protect yourself from exposure to contamination, you must take your gloves off safely.

How to remove gloves safely



1. With both hands gloved, grasp the outside of one glove at the top of your wrist.



2. Peel off this first glove, peeling away from your body and from wrist to fingertips, turning the glove inside out.



3. Hold the glove you just removed in your gloved hand.



4. With your ungloved hand, peel off the second glove by inserting your fingers inside the glove at the top of your wrist.



5. Turn the second glove inside out while tilting it away from your body, leaving the first glove inside the second.



6. Dispose of the gloves following safe work procedures. Do not reuse the gloves.



7. Wash your hands thoroughly with soap and water as soon as possible after removing the gloves and before touching any objects or surfaces.



Procédure pour le retrait des gants

Afin de vous protéger contre une éventuelle contamination, vous devez retirer vos gants de manière sécuritaire.

Comment retirer des gants en toute sécurité



1. À l'aide d'une de vos deux mains gantées, pincez l'extérieur d'un des gants au niveau de votre poignet.



2. Décollez ce premier gant en l'éloignant de la paume et tirez vers le bout des doigts tout en tournant le gant à l'envers.



3. Formez une boule avec le gant que vous venez d'enlever et gardez-le dans votre main gantée.



4. Avec votre main non gantée, glissez l'index et le majeur à l'intérieur du gant à la hauteur du poignet sans toucher l'extérieur.



5. Écartez le gant de la paume en tirant avec les doigts et tournez le deuxième gant sur lui-même en laissant le premier gant à l'intérieur du second.



6. Jetez les gants dans la poubelle immédiatement.
Ne réutilisez pas les gants.



7. Lavez-vous soigneusement les mains avec du savon et de l'eau immédiatement après avoir retiré les gants et avant de toucher des objets ou des surfaces.