## MY TWEEN

## & ME

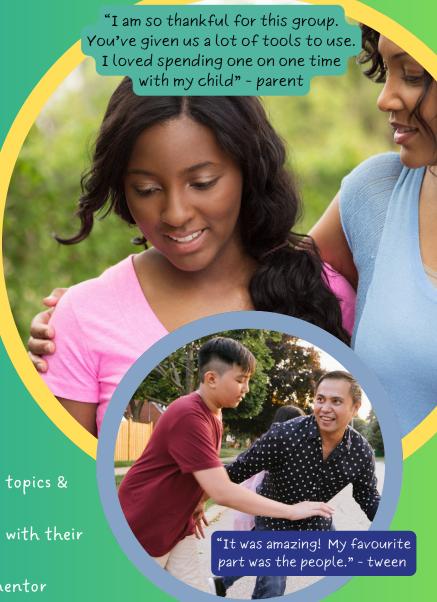
is for caregivers & their tween aged 9-12

Learn how to build lasting connections with your pre-teen in a safe & supportive group. Our My Tween And Me Program is a free facilitated program that helps to provide parents and their tweens with the knowledge, tools and support they need during the child's transition to adolescence.

Come and meet others and discuss your topics & concerns with two facilitators.

Tweens participate in activities sometimes with their caregivers and sometimes

they have fun with their peers and mentor facilitator!





8 Wednesdays starting October 15th 6:00 pm-8:00 pm







HOSTED BY:

Huddle

?'s or to register via email : mtm@youville.ca text/call 204-231-3208