

APPROACHES TO PARENTING NEURODIVERSE ADOLESCENTS: 6 SESSIONS

Wednesdays

6 - 2hr
Sessions

April 5th-May 10th

10am-12pm

\$30/session or
\$150 for all

Presenters: Shannon Foster, MSW, RSW, FOT,
Kristene MacDonald, BSW, RSW, FOT, and Robyn Sugden, BA

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| Session 1 | Neurodiversity (FASD, ADHD, ASD) basics: the brain and the various domains of brain function and behaviour including generalized parenting strategies and approaches |
| Session 2 | School Challenges: academics, planning, and peers |
| Session 3 | Relationships and Sexuality |
| Session 4 | Emotional Regulation and Self-harm |
| Session 5 | Social Media and Online Safety |
| Session 6 | The Transition to Adulthood and Age-of-Majority Planning with specific focus on: <ul style="list-style-type: none">• Assessment and preparation• The transition from CFS to Community Living disAbility Services• Accessing resources in your communities |